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Policy Statement: Health and Safety

It is my policy to promote and ensure the good health and safety of children in my care in line with the requirements laid out in the EYFS Framework, by the Health and Safety Executive and any Department for Education guidance.

Procedure (how I put the statement into practice)

Safety and suitability of premises, environment and equipment

I operate an arrival and departure routine. Parents come to the side door at a prearranged time. The door is locked and parents ring the bell where they are met by myself or my assistant. The door is locked between arrivals.

Parents are welcome to discuss any aspects of health and safety at a mutual convenient time. This could be at a drop off or pick up time or at another arranged time. Alternatively they can contact me via WhatsApp, phone or text.

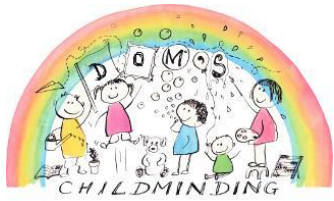
My smoke alarms are tested regularly and fire drills are carried out. I have a fire blanket in my kitchen and children and parents are aware of my emergency evacuation procedure. I have a plan of my setting at my entrance and fire exits are clearly marked on this which can be emailed to parents on request.

My premises are secure to ensure children's safety and prevent intruders and I have a procedure for checking the identity of essential visitors e.g. Ofsted Inspectors. I will ensure that I take all reasonable steps to ensure any staff and children in my care are not exposed to risks and I will demonstrate how I manage risk.

My risk assessments will identify aspects of the environment that need to be checked on a regular basis, when and by whom these aspects will be checked and how I will remove or minimise the risk. outings policy and written risk assessments are in place.

All equipment used in my childminding business is regularly checked for damage and wear and tear and replaced when necessary, for example high chairs, buggies, cots.

My car is regularly serviced has an up to date MOT and is insured for business use.



All car seats are checked regularly and used correctly in accordance with the government rules www.gov.uk/child-car-seats-the-rules. Children will be measured to ensure the car seat is of the correct dimensions for them.

All gardening equipment is locked in the shed and dangerous plants have been removed.

My assistant and I hold a current paediatric first aid certificate.

I follow safer sleeping practices informed by NHS guidance including ensuring that cots and bedding are in good condition and suited to the age of the child, and that babies are placed down to sleep safely in line with the latest government safety guidance. I frequently check on sleeping children. I discuss sleeping arrangements with parents and make risk assessments according to the child's individual needs. In my setting younger children sleep in the travel cots placed in my sitting room and I use baby monitor with video camera to monitor them when they sleep. Older children sleep on the mattress in the playroom where they are supervised by an adult.

Health

I encourage children to learn about good hygiene by promoting regular hand washing and not to touch mouth, eyes and nose where possible. I have a hand washing procedure where children will be supported to wash their hands for 20 seconds on arrival at the setting, after coughing or sneezing, before eating or any individual food preparation, after touching any pets, after using the toilet. We use contactless soap dispenser and have contactless tap. Children have their own individual towel to dry their hands.

Bins will be regularly emptied and cleaned.

I will ensure good ventilation by opening windows.

When providing meals and snacks children are encouraged to make healthy choices and the benefits of an active lifestyle are promoted, e.g. access to outdoor play daily. I am aware of the Chief Medical Officer's guidance on physical activity.

Children will be always within sight and hearing while eating.

Baby changing mats are cleaned and sanitised after each use.

I have registered with my local environmental health department, and ensure



correct storage, hygiene of food preparation areas and preparation of food procedures are carried out.

I hold a basic food hygiene certificate and I use the safer food, better business for childminders pack.

My pets are kept away from food preparation areas and their food bowls are out of reach of children.

All areas accessible to children, including toys, play mats and equipment are regularly cleaned, disinfected and checked for damage A risk assessment has been carried out to identify toys that may pose the greatest risk, and steps have been taken to minimise that risk.

Personal protective equipment will be used in the following situations e.g. sudden onset of illness which involves bodily fluids (vomit, diarrhoea), Covid 19

This policy links with my accident and emergency procedures, illness, food and drink, risk assessment, no smoking and outings policies. Please refer to these policies for further information.

Date policy was written	19/09/24
This policy is due for review on the following date	20/09/26

This policy supports the following EYFS requirements:

Meeting the Early Years Foundation Stage Safeguarding and Welfare Requirements
Safety and Suitability of premises, environment and equipment. Risk Assessment